

WISDOM COUNTS

A Quarterly Publication for the Sebastopol Area Senior Center



SASC Open House 2025

Our Annual Year in Review - AND Looking Ahead!

As we reflect on this past year, we are so grateful to **all of you** who helped make 2025 a successful year!

Over the past twelve months, we saw nearly **20% growth** in attendance across classes, programs, lunches, and services. With that momentum, our Board of Directors began discussions on expansion. We explored the feasibility of expanding our current footprint, renting a bigger building, purchasing a building, among other options.

Through this process, several key understandings emerged. First, we are truly fortunate to be housed in a city-owned building. Currently, our lease is one dollar a year, and is up for renewal in 2029. We may be looking at increased costs at that point.

Second, our team has spent the past several months thoughtfully expanding our off-site offerings. While renting classroom space does come with a cost, it also gives us the flexibility to respond to the needs and interests of our members as they evolve.

Keep Up to Date!



Join our weekly email newsletter (Scan QR code and connect with us!), and follow us on Instagram and Facebook. Call us at 707.829.2440 to register for classes. This print newsletter comes out quarterly.

Most importantly, we came away with an understanding of the importance of building our endowment fund to safeguard the future of the Senior Center. If you'd like to learn more about our endowment fund, please feel free to reach out to me (Katie Davis, Executive Director) at katie@sebastopolseniorcenter.org or call 707-829-2440.

All about Expansion

We are excited to announce that, thanks to our incredible donors and Sebastopol West 100, we are expanding to **SIX** days per week starting Jan 24, 2026. Our hours will be Mon-Fri, 8:30am -4pm and Sat from 9am-2 p.m. See more on page 7.

As we grow beyond our main building, our intention is to create a similar feel to when you walk into the Senior Center- that you're greeted with a smile, by your name by a staff member or volunteer. We are also working to refine our off-site check-in procedures to make it seamless for our members and instructors.

see More News on page 7



Senior Center Leadership

STAFF

Katie Davis, Executive Director
Hillary Werhane, Director of Operations
Julie Campagna, Volunteer Engagement Coordinator
Lisa Mathieson, Accounting Manager

Programs

Marlo Carreno, Programs Manager
Aubri Lane, Transportation & Perspectives Gallery
Scotty King, LGBT+ Liaison

Harvest Cafe

Clint Gandy, Manager
Adelia Canterbury, Lead Chef

Reception, Information & Referrals

Emily Topai, Lead Reception & Program Assistant
Geri Haslett & Kara Riley, Receptionists

The Legacy

Brittany Roney, Manager
Kelly Galten, Asst Manager
Joanne Cooter, Operations
Alix Durant & Eva Trujillo, Retail Associates

BOARD OF DIRECTORS

Alan Beckstead* ~ President
Jill Ravitch ~ Vice President
Colin Ramsay ~ Secretary
John Henel* ~ Treasurer

DIRECTORS

Gary Bachelor · **Shaka Folger-Basso**
Allan Bernstein, MD · **Tate Birnie**
Missy Danneberg · **Brian Ledig***
Pat O'Connor · **Alice Perlman**
Alain Serkissian* · **Steve Thomas**
Amy Truong

*Endowment Trustees

City of Sebastopol Liaison

Neysa Hinton

THANKS TO YOU!

OUR DONORS, FUNDERS, THE LEGACY & OUR MEMBERS!
 BECAUSE OF YOUR SUPPORT, LAST YEAR...

32,809
SIGN-INS



for classes, meals, free rides, services, support groups, art classes, fitness classes, events and so much more!

Social connection

can reduce the risk of dementia by 45%!



1,760 FREE rides provided

to seniors who are no longer able to drive.



8,200 meals served

provided at low or no-cost to our community members. The Harvest Cafe is for MORE than just a meal! It's a place to meet new friends, receive a hug or a smile, and so much more!



LGBTQ+ Connections!

More than 1,400 signed-in for LGBTQ+ activities!

7,312 SIGN-INS

for Fall Prevention programs such as balance classes and lectures!



2,829 SIGN-INS

for our support, grief, and caregiver groups—each providing vital emotional support and social connection.



THE HARVEST CAFE

Tucked inside the Sebastopol Area Senior Center serving up tasty meals made from scratch!
 167 N. High St | Mon- Fri | 11:30am - 1:30pm



Members \$10
 Non-Members \$12



Food Blogger APPROVED!!

JOIN US FOR
ST. PATRICK'S DAY
AT THE HARVEST CAFE
11:30AM - 1:30PM

What's happening at The Legacy



The Legacy Team ~ Brittany, Kelly, Joanne, Alix & Eva

Holiday Store Success

We're thrilled to share that the Holiday Store was officially transitioned to the West County Museum—and it was a huge success! The museum met one of its key goals and plans to host the event again next year. Thank you to everyone who supported this effort!

Welcome Kelly to The Legacy Team

We're excited to introduce Kelly, our new Assistant Manager. Kelly has already made a wonderful impression on volunteers and customers alike. Her energy and leadership are helping The Legacy thrive, and we can't imagine the space without her!

Creative Spotlight: Mena's Work

Volunteer Mena has wowed us again with a semi-permanent installation visible from the road—a giant cross-stitch reading "Legacy Sweet Legacy" crafted from a recycled pegboard. Mena also launched her own nonprofit craft store, SPARE, in San Anselmo. We're proud to endorse this upcycled craft haven and celebrate the uplifting cross-promotion between our two stores.



Donation Room Upgrades

Our donation receiving space has undergone a major transformation! With improved infrastructure and ergonomic fixtures, we can now accommodate up to six volunteers at once. The area includes a dedicated packaging station and a proper break space—making operations smoother and more enjoyable for everyone.



Located at 789 Gravenstein Hwy S.
in Sebastopol (Southpoint Center)
Hours: Mon - Sat from 10am-4pm
Phone: (707) 823-7520



Transportation: Free Rides Program

By Aubri Lane ~ Transportation Coordinator

(707) 829-2440, or aubri@sebastopolseniorcenter.org
Contact her with any questions, or to schedule a ride.

Seeking Volunteer Drivers for Russian River

The Guerneville transportation program through West County Community Services has unfortunately shut down due to lack of funding. We are now seeking reliable, compassionate drivers who live in or near the Russian River area and would be good candidates to help transport local seniors. Volunteers choose when and how often they drive and can schedule themselves using our software.

If you know anyone who might be interested in volunteer driving, please contact Aubri. Your referrals are greatly appreciated and will help keep seniors connected to essential services!



We always need drivers who live in the Sebastopol area as well, so even if you're not interested in driving in the Russian River communities, we would love to have you!

Have you seen our new video?

We just released a short feature about the Sebastopol Area Senior Center's free transportation program for seniors! You can view it on our website under the programs tab. Feel free to share it with anyone who might benefit from or be interested in the program!

Cycling Without Age, an international program that brings seniors out into nature, has a chapter right here in Sebastopol!



Our trained volunteer pilots offer free, 45-minute rides on the Joe Rodota Trail in a trishaw — think of it as a comfortable bike taxi built for enjoying the outdoors.

You can:

- Ride solo

See *Cycling Without Age* on back page

Ongoing Classes - Try something new!

Join Us at the Sebastopol Area Senior Center!

We warmly invite you to attend one of our classes, workshops, or events in person at the Sebastopol Area Senior Center. Our programming is designed to reflect the needs of our community, offering a diverse range of ongoing classes, including: Tech Support, Tai Chi, LGBT+ Classes and more! While most classes take place at the Senior Center, we also collaborate with the Sebastopol Community Cultural Center and Wischemann Hall to expand our offerings. Advanced registration is required for all classes. To register, give us a call at 707.829.2440 or register online.

Discussion Groups

Book Club ~ Dulce

Cost: Free Members /\$5 Non-members
Day & Time: 4th Mon | 1-2:30pm

In the News ~ Sandy

Cost: Free Members /\$5 Non-members
Day & Time: Thur | 10-11:30am

Life Stories Writing ~ Joel

Cost: Free to Members (register w/SRJC)
Day & Time: Tue | 1-4pm

West County Presentations ~ Steve

Cost: Free Members /\$5 Non-members
Day & Time: 1st & 3rd Sat | 11- 12pm

Health & Fitness

Beginner's Yoga ~ Juliet

Cost: \$5 Members /\$8 Non-members
Day & Time: Mon | 2:45-3:45pm

Morning Stretch & Movement ~ Adriene

Cost: \$8 Members /\$10 Non-members
*Day & Time: Tue | 10:15-11:15am

Slow Yoga ~ Adriene

Cost: \$8 Members /\$10 Non-members
Day & Time: Fri | 9:15-10:15am

Slow Yoga w/Chairs ~ Adriene

Cost: \$8 Members /\$10 Non-members
Day & Time: Wed | 12:45-1:45pm

Tai Chi Adv Beg ~ Garrett

Cost: \$8 Members /\$10 Non-members
Day & Time: Wed | 11:15-12:30pm

Tai Chi Beg ~ Garrett

Cost: \$8 Members /\$10 Non-members
Day & Time: Wed | 8:45-9:45am
& 10-11am | *Fri | 11:30-12:30pm

Learning & Social

Art Group ~ Linda

Cost: Free Members /\$5 Non-members
Day & Time: Fri | 10:30-12:30pm

Gay & Bi Guys Mixer at BREW

*Day & Time: Last Fri | 4 - 5:30pm

Intermediate Mahjong ~ Natalie

Cost: Free Members /\$5 Non-members
Day & Time: Thur | 12:30-3:30pm

Knitting & Crocheting Group

Cost: Free Members /\$5 Non-members
Day & Time: Mon | 2 - 3pm

LGBT+ Community Lunch Table

Cost: \$10 Members /\$12 Non-members
Day & Time: 1st Mon | 12-1:30pm

Ukulele ~ Cindia

Cost: Free Members /\$5 Non-members
Day & Time: Mon | 9-10:30am

Walking Group

Cost: Free
Day & Time: Mon | 10am-11am

SAIL

Instructor Approval is required to attend any of these classes

Chair-Stand SAIL (Zoom) ~ Annette

Cost: FREE (Now - 3/30/26)
Day & Time: Tue & Thur | 11-12pm

Chair-Stand SAIL ~ Campbell

Cost: FREE (Now - 3/30/26)
Day & Time: Wed | 3:30-4:30pm

Chair-Stand SAIL ~ Vickie

Cost: FREE (Now - 3/30/26)
Day & Time: Fri | 3:30-4:30pm

Chair-Stand SAIL ~ Lucibel

Cost: FREE (Now - 3/30/26)
*Day & Time: Tue & Thur | 10:15-11:15am

Standing SAIL ~ John

Cost: FREE (Now - 3/30/26)
*Day & Time: Mon & Wed | 12 - 1pm

Standing SAIL /also on ZOOM ~ Julie

Cost: FREE (Now - 3/30/26)
Day & Time: Tue & Thur | 3:30-4:30pm

Support & Wellness

Dementia Family Caregiver ~ Alz Assoc

Cost: FREE to all
Day & Time: 2nd Thur | 2:30-4pm

Dying to Talk About It ~ Dena

Cost: \$3 Members /\$8 Non-members
*Day & Time: 3rd Fri | 2:30-4pm

Gay & Bi Guys Heart Circle ~ Scotty

Cost: Free Members /\$5 Non-members
Day & Time: 1st Mon | 1:30-3:30pm

Good Grief! ~ Neil

Finding Comfort in Community

Cost: \$5 Members /\$8 Non-members
Day & Time: 2nd & 4th Fri | 2:30-4pm

Group Meditation ~ Mark

Cost: \$5 Members /\$8 Non-members
Day & Time: Tue | 10:45-12pm

Harmonic Method ~ Jim

Cost: \$5 Members /\$10 Non-members
*Day & Time: Thur | 12-1pm
Day & Time: Fri | 2:15-3pm

Holding Spaces ~ Various Speakers

By Donation
*Day & Time: 1st Wed | 2-3:30pm

Old Guys Friendship Group

Cost: Free Members /\$5 Non-members
Day & Time: Tue | 9-10:30am

Senior Lesbians in Community ~ Lucy

*Day & Time: 1st & 3rd Mon | 1:30 - 4pm

Women's Group ~ WCCS

Day & Time: Thur | 11:45am - 1:15pm
Cost: FREE Members /\$5 Non-Members
Call (707) 387-4094 to inquire

Tech Help & Services

Android Help (by appt) ~ Deanna

Cost: Free Members /\$5 Non-members
Day & Time: 1st Fri | 9-11am

Apple Tech Help (by appt) ~ Mark

Cost: Free Members /\$5 Non-members
Day & Time: Tue | 9:30-11am

iphone/Instagram (by appt) ~ Elizabeth

Cost: Free Members /\$5 Non-members
Day & Time: 1st & 3rd Wed | 9:30-11:30am

Blood Pressure Screening ~ Sue

Cost: Free Members /\$5 Non-members
Day & Time: Tue | 9:30-12pm

Footcare Clinic (by appt) ~ Tamara

Cost: \$10 Members Only
Day & Time: Various Fri | 8:30-12:30pm

*Please note: * Indicate offsite at various locations, check website for details and location.*

Program updates for 2026

By Marlo Carreno ~ Programs Manager

(707) 829-2440, or marlo@sebastopolseniorcenter.org
Contact her with any questions or ideas for classes.

Thank you for making **2025** such an exciting and vibrant year for us! I hope you've enjoyed the wide range of classes, groups, events, and workshops we've been able to offer. We're already looking ahead to even more growth in the coming year—including the possibility of expanded exercise classes, additional SAIL offerings, and even a Saturday game hour. As your Programs Manager, I'd love to hear what you want to see at the Senior Center or any of our partner locations. I'll be sending out surveys soon, but you're always welcome to email ideas directly to me.

Here are a few exciting events we are working on for January, February, and March:

Saturday West County Presentations

Stay tuned for an inspiring lineup of monthly presentations designed to enrich, inform, and delight.

- **February - Early West County** - First People, Russians, Ranchos, Jasper O'Farrell, Captain Smith's Industrial Complex, Bodega Bear Flag Rebellion
- **March - Rush to Riches** - Gold, Quicksilver, Redwoods, Railroads, Fruit, Dairy, and Devastation

The Art of Downsizing Workshops

Downsizing (noun): the art of realizing you don't need three fondue sets and a full village of garden gnomes to be happy. Think of it as a treasure hunt where the treasure is freedom—and maybe rediscovering that missing sock from 1985. Join expert Realtors **Brian Ledig** and **Shaka Folger-Basso** for a 4-part series packed with practical tips for decluttering, organizing, and simplifying your space. Bring your questions, leave with a plan, and start your downsizing journey with confidence.

InterPlay™

Join us for this 6-week series led by **Barbra Weiner**. InterPlay™ is an active and creative practice that unlocks the wisdom of the body through movement, storytelling, silence, song, and gentle play. Rooted in simple, incremental "forms," InterPlay™ invites ease, joy, and community connection. Anyone with a body can enjoy it—and communities worldwide already do!

Friend or Flame Event

Rent our Building

Our building is available to rent after 5pm and on weekends. Visit our website to fill out a request!
Fill out a request on our website or call 707.829.2440 for more info!

Join **SebArts**, the **Sebastopol Community Center**, and the **Sebastopol Area Senior Center** for a lively evening of Speed Dating—for friendship or maybe something more! Geared toward folks 50+ seeking connection and companionship, this event is open to all who would like to meet new people and have some fun. We can't guarantee you'll find love, but we can guarantee a good time!

Improvisation for Life

Improv games teach presence, spontaneity, and joyful silliness—helping you tap into your imaginative, child-like self. Learn to stop worrying, stay in the moment, and laugh heartily. Improv is more than performance; it's a practice of living authentically, responding rather than reacting, and embracing life with an open heart.

Hallmarks of Healthy Aging Series

Continue your journey toward empowered, informed aging with this ongoing series exploring the foundations of long-term well-being with **Dr. Allan Bernstein** and **Dr. Peter Madill**.

Isadora Duncan Presentation

Celebrate the revolutionary dance legacy of Isadora Duncan (1877–1927) in a captivating performance featuring solo dancer **Lois Flood** with guest narration. Discover how this pioneering artist transformed classical dance and aesthetic expression.

Day Trips Are Back!

We're thrilled to welcome back Emily Webster and Kate Roach for another year of unforgettable adventures.

- **January - SF Scandalous Historical Murals** –



Experience the spectacular first-floor WPA (Works Progress Admin) murals that bring 1930s San Francisco to life.

As always, we invite you to explore our website and consider trying something new—Ukulele, Meditation Workshops, Morning Stretch, or Yoga. Some classes may have a waitlist, but getting in is well worth the wait!



Never miss an announcement!
Sign up for our weekly e-newsletter to stay updated.

By Scotty King ~ LGBT+ Liaison

(707) 827-8426, or scotty@sebastopolseniorcenter.org
Leave a message for Scotty

Honoring Our Volunteers

We're proud to introduce four incredible volunteers who have stepped forward to support our LGBT programs. A special thank you goes to **Kate Roach** and **Sue Snodgrass**, whose photography and filming skills are truly invaluable to our **Holding Spaces** events. Their tireless efforts in editing and sharing these moments on our Senior Center YouTube page allow our community to stay connected. If you're interested in viewing any of the footage, including a recent panel featuring inspiring speakers from our community, please email me.

We also extend our gratitude to **Bob Poole**, who not only manages the door at our Holding Spaces events but also contributes to selecting future speakers. His dedication is deeply appreciated. Additionally, **Daniel Potapshyn** supports our **Gay & Bi Guys Heart Circle** group by managing communications and our email list. Thank you, Daniel, for helping us stay connected!

Exciting Speakers for Holding Spaces

We're excited to announce some wonderful activities for our LGBT community. Mark your calendars for our next Holding Spaces event on **January 7th**, featuring **Shawn V. Giammattei, PhD**. His work focuses on supporting trans and gender-diverse youth and adults, and he will be offering insights into fostering understanding and compassion. The event includes a significant Q&A portion so come prepared with questions!

We are also thrilled to welcome **Remi Newman** on **March 4th**. As the HIV and STI Clinical Health Educator at Kaiser Permanente, she will share her latest book, "Hands On: Stories of Sexuality Work, Intimacy, and Healing," providing valuable insights and discussion.

Upcoming Events ~ see details on pg 4

- **Senior Lesbians in Community (SLIC)** 1st & 3rd Mon
- **LGBT+ Community Lunch:** Jan 5, Feb 2, & Mar 2
- **Heart Circle for Guys:** Jan 5, Feb 2, & Mar 2
- **Gay & Bi guys Mixer at BREW:** Jan 30, Feb 27, Mar 27

We look forward to seeing you at these events and continuing to build a strong, supportive community together. Thank you for being part of our journey!



Visit our **LGBT+** page to sign up for our **monthly emails!** Scan the QR code.



Meet Julie, Our Volunteer Engagement Coordinator

If you've visited the Center recently, you may have seen me around. My name is **Julie Campagna**, and I'm delighted to introduce myself as the Volunteer Engagement Coordinator at the Sebastopol Area Senior Center (SASC).

I first got involved with SASC as a volunteer, driving seniors and helping in the Harvest Cafe. Being part of that day-to-day rhythm gave me a deep appreciation for how much our volunteers contribute to the warmth, continuity, and vibrancy our members experience here.

I'll be working to strengthen and support our 150+ volunteers who keep SASC running—serving meals in the Harvest Cafe, supporting The Legacy, driving seniors to appointments, and helping with workshops and events. My goal is simple: to build a strong, well-supported volunteer program that directly enhances the experience of every SASC member.

To help us do that, I will be working on building systems to improve scheduling, communications, and consistency across SASC and The Legacy, which will in turn create a more unified experience for everyone who walks through our doors.

If you see me at the Center, I'd love to meet you. Thank you for being part of such a warm, welcoming, and active community. I'm excited to support the volunteers who, in turn, support all of you.

Julie Campagna ~ Volunteer Engagement Coordinator
(707) 829-2440, or julie@sebastopolseniorcenter.org
Interested in volunteering? Contact Julie.

Tributes

Linda Civitello in loving memory of **Peter Brenner**

Katie Davis in loving memory of **Peter Brenner**

Larry Soley in loving memory of **Stephen Poplar**

Nicole Spiridakis in loving memory of

William and Helen Travers

Redwing Keyssar in loving memory of **Jennifer Nichols**

We would also like to acknowledge the passing of three of our dedicated Trailblazers:

Irene Bettendorff, John Piski & Jennifer Nichols
You are loved and missed.

More News

continued from page 1

We are asked daily how our community can support the growing needs of the senior community. Here are a few ideas to keep in mind:

- **Shop at The Legacy**, our crafting and resale store! A large portion of our income comes directly from net sales at The Legacy. The store is stocked with arts and crafting supplies of all kinds: fabric, yarn, thread, ribbons, knitting and sewing notions, paint, and so much more!
- **Become a Member!** For just \$50/year, you can support the Center and take advantage of discounts at the Harvest Cafe, classes, and more!
- **Become a Golden Giver!** Our Golden Givers donate monthly to the Center in various amounts, ranging from \$10 to \$120.
- **Bring a friend to the Harvest Cafe!** The growing popularity of our Cafe has been a joy to witness! For just \$10, you'll get more than just a meal. You'll walk away with friendship, a smile, and a full belly.

There are so many ways to support Sebastopol Area Senior Center & The Legacy. Don't hesitate to check out our website or give us a call.



On behalf of all of us at the Sebastopol Area Senior Center & The Legacy, we wish you a happy new year!

With gratitude this season,
Katie Davis, Executive Director

Saturday Expansion - Grand Opening!

Join us for our inaugural Saturday opening!

- Light refreshments
- Fun activities
- Art Gallery Reception - 12 pm to 2 pm
- Take Your Medicine - 12pm - 2pm



SASC will be open weekly on Saturdays from 9am-2 pm beginning January 24. The Harvest Cafe will remain M-F. Saturday classes will be added gradually.

Stay tuned for schedules and more!

Become a Sponsor

Join us in making a meaningful difference in the lives of seniors in our community

The Sebastopol Area Senior Center (SASC) provides opportunities for local businesses and companies to advertise through various methods both at The Senior Center and The Legacy. By supporting SASC, you are ensuring a happier, healthier, more productive community for ALL! To add your name to our list of sponsors, scan the QR code for more information.

- \$10,000 ~ Golden Years Advocate
- \$5,000 ~ Silver Star Benefactor
- \$2500 ~ Wisdom Keeper
- \$1,000 ~ Age with Grace
- \$550 ~ Timeless Treasure



Thank you to our 2025 Business Sponsors

GOLDEN YEARS ADVOCATE

Rubin Foundation

River Road Family Vineyards and Winery

SILVER STAR BENEFACTOR

Alan Beckstead

Danny Lerma

Steve Annala

WISDOM KEEPER

Craig & Pat Boblitt

Collaborative Care Coordination & Fiduciary Services

Leap Solutions

AGE WITH GRACE

Silk Moon

Synergy Solar

Balletto Vineyards

Edward Jones- Cara Widmer

Exchange Bank

Birnie Law Office, Inc

Leff Construction

Croix Estate

Jill Ravitch

The Heck Foundation

Kent & Caroline Jenkins

TIMELESS TREASURE

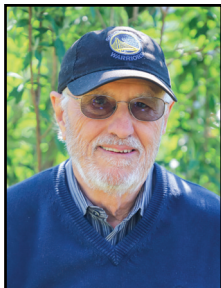
Stories to Remember Legacy Videos

Coldwell Banker ~ Brian Ledig

Abacus Wealth Partners

Senior Placement Services

Perspectives: The Gallery at Sebastopol Area Senior Center



Local photographer **Gary Bachelor** will be showing his photographs at **Perspectives: The Gallery at SASC** from Jan 5th through Feb 27th.

This exhibition highlights how photography continues to evolve. Gary began with a 4x5 view camera yet now works fluidly across

digital and phone-based tools, embracing a medium that has become both photographic and painterly through modern editing. Despite these changes, the constant is his focus—intimate, fleeting scenes such as two sisters sharing a spontaneous laugh. Other works reflect emotional responses to place: brightly colored buildings from cold or economically challenged regions, or a young visitor pausing before sculptural figures at the London Museum, hinting at untold stories.

Join us for the **Opening Reception on Jan 24th, from 12:00-2pm.**

See you there!

Perspectives

The Gallery at
Sebastopol Area Senior Center

Photography by Gary Bachelor



Opening
Reception
January
24th
12-2pm



from **Aubri Lane** ~ *Perspectives Gallery Curator*
(707) 829-2440, or aubri@sebastopolseniorcenter.org
Contact her with any questions about the exhibit.

Cycling Without Age ~ continued from page 3

- Bring a friend or family member
- Share the seat with another volunteer pilot
- Have family or friends ride alongside the trishaw on their own bicycles!

It's a wonderful way to enjoy fresh air, connection, and the beauty of our local trail.

You can watch the new video on our website to learn more (information on the Cycling Without Age/Trishaw program begins at minute two):



Become a Member of the Senior Center and enjoy these benefits & much more!

- Enjoy discounted lunches at the Harvest Cafe!
- Generous discounts and early registration for museums, parks, and performances for popular day trips!
- Attend FREE or discounted lectures!
- Enjoy a 10% discount at The Legacy!
- Get FREE tech assistance!
- Attend our annual Holiday Meal as a thank you for being a member!



Contact Us

167 N. High St., Sebastopol, CA 95472
Hours: Monday - Friday from 8:30am-4pm
707.829.2440 | info@sebastopolseniorcenter.org
Visit our website: sebastopolseniorcenter.org